

Idaho Department of Correction Division of Programs

It is the policy of the Board of Correction that the Department of Correction will provide programs which promote offender change and successful reintegration into the community.

The Department shall not discriminate on the basis of age, disability, race, sex, creed, or national origin. Considerations for the approval or denial of programs shall include, but not to be limited to, the capability of the Department to provide programs and the eligibility of the offender.

Nothing in this policy statement or in Department of Correction policy or directive or other sources establishing procedure or operations shall establish any right under state or federal law to programming or education for offenders.



The Program Handbook

**Designed to provide you with available
Department Rehabilitative
Program Information.**

JANUARY 2006

IDAHO DEPARTMENT OF CORRECTION



MISSION

Our mission is to protect the public.

We safely manage offenders, provide opportunities for offenders to change, and successfully return offenders to communities.

VISION

To develop an organization respected for its professional integrity and ability to protect its communities, where each person actively participates in offender accountability and readiness for change.

VALUES

- ❖ We encourage open dialogue and feedback
- ❖ We commit to helping others
- ❖ We commit to the professional success of others
- ❖ We serve the entire organization
- ❖ People can change
- ❖ We respect and appreciate each other's roles and contributions
- ❖ We are flexible
- ❖ We focus on quality
- ❖ We model what we value
- ❖ We are fair and consistent
- ❖ We foster dignity and respect for staff, offenders and the public
- ❖ We are honest

TABLE OF CONTENTS

Mission, Vision, and Values Statement	2
Introduction	4
GLOSSARY OF TERMS	5
 PART 1. PROGRAM DISCRIPTIONS	 9
I Core Programs	
Domains :	
Attitude and Orientation	9
Family/Marital	10
Drug and Alcohol	11
Therapeutic Community	13
Emotional/Personal	14
 II Core Education Programs	 15
III Pilot Programs	17
IV Ancillary Programs	18
V Faith Based Programs	21
 PART 2 . MAP OF FACILITIES	 23
 PART 3. RECEPTION AND DIAGNOSTIC UNIT (RDU)	 24
 PART 4. LOCATIONS WITH PROGRAM TRACKS	
VI Institutions	25
VII Community Work Centers	44
VIII Community Corrections and Probation & Parole Offices	50
IX District Offices	51
 PART 5. INDEX	 56
Web address	58

INTRODUCTION

Idaho prison population growth has been significant in recent years. Idaho's Department of Correction (IDOC), motivated by a mission to promote offender change and protect public safety, has moved aggressively to address the increasing needs posed by offenders with alcohol and drug addictions, academic and cognitive underdevelopment and anti-social behaviors.

Since the 1970's, correctional education and treatment services have progressed through various efforts and stages of growth and improvement. Within the past decade in particular, a diverse and growing range of research-based programs have been incorporated throughout Idaho's correctional system to manage expanding populations of offenders with increasingly diverse types of rehabilitative needs. Since 2000, the Department has worked steadily to concentrate oversight of all offender rehabilitation programs within a unified Program Division, a restructuring step that has produced a more holistic and integrated approach to offender management.

IDOC's Division of Programs supports research-based programming with proven outcomes in offender change and rehabilitation. Empowered by its Standards Committee, which identifies those programs with the greatest impact on long-term offender change, the Division of Programs is progressively building a chain of rehabilitation experiences for incarcerated offenders scheduled for community release within 2 to 3 years.

One example of IDOC's focused effort to provide comprehensive treatment services is the emergence of therapeutic community programs within the larger prison setting. The Residential Substance Abuse Treatment, (R-SAT) therapeutic community at the South Idaho Correctional Institution was recently recognized as a national model for treatment program effectiveness in delivering concentrated rehabilitation programs to a selective, cohesive population of substance abuse offenders.

Education programs, too, have built a broad base of learning experiences for offenders to better equip them with the skills and attitudes for living-wage jobs upon release from prison. Each of Idaho's correctional institutions support school programs which offer literacy, secondary education, work-force development, and special education courses for offenders lacking a suitable academic base for future employability. Increasingly, emphasis on the development of job-readiness skills will be a trademark of the Department's educational programs.

In summary, the past three decades have brought considerable change and challenge to the Idaho Department of Correction. Our commitment to the citizens of Idaho to promote offender rehabilitation and protect public safety is also our motivation to continually improve the quality of programs available at each of our state correctional institutions, community work centers and community correction districts.

A

Glossary of Terms

Aftercare: A community-based systematic network of interventions that complements institutionally delivered treatment.

Ancillary Programs: Designed to augment the Core Programs and address the diversity of offenders' needs. They keep the offender actively involved, enhance an offender's ability to participate meaningfully in other Programs, and meet special needs identified in an offender's individual program plan.

Assessment Instrument: A standardized and statistically validated set of questions used to determine the severity and scope of any given problem or condition, and direct what the individual will need within a program or service.

Assessment Process: The process of systematically observing, gathering, and recording credible information to help answer evaluation questions and make programmatic decisions. It encompasses screenings, tests, clinical observations, medical reports, or intelligence measures.

Case Manager: Department personnel responsible for developing or monitoring the offender's individual case plan. Case managers typically are Probation/Parole Agents, Psychosocial Rehabilitation Specialists, Drug and Alcohol Rehabilitation Specialists, and Clinicians.

Community Living Model: An alternate system of offender management and institutional process. Traditionally, institutions operate with correctional staff exerting control, monitoring accountability, and maintaining rules. The community model functions with offenders participating in the process as well by helping maintain rules, holding each other and themselves accountable, and cooperating towards achieving both a safe environment and pro-social offender change. Correctional staff maintain overall control, manage the entire process, and function as role models. This model is based upon the principles of social learning theory that teach, support, and reinforce pro-social concepts.

Core Programs: Fundamental Idaho Department of Correction programs delivered systematically with the intent to facilitate positive change in behavior. They are based on research and are designed to address the criminogenic and educational needs of offenders.

Corrections Learning Network: A method of distance learning broadcast institutions, CLN provides life-based and transition-based classes for confined adults and staff development for correction, education and medical personnel.

Glossary of Terms

Data-based Decision Making: An analysis of information which documents performance over time in order to determine needed changes in policies, programs or procedures.

Drug Court: A full or part-time court that has been specifically designated and staffed to supervise non-violent drug defendants who have been referred to a comprehensive and judicially monitored program of drug treatment and rehabilitation services. This non-traditional approach attempts to solve some of the underlying problems.

Evaluation: A broad term that encompasses the assessment process and the decisions made including the use of professional discretion, when making placement and/or programming decisions.

Individual Case Plan (ICP): A documented plan based on the assessment of the offender's needs and risk to recidivate that provides goals, objectives, and action steps for each offender to meet during incarceration or supervision.

Level of Service Inventory-Revised (LSI-R): This assessment instrument is used to screen for crime-producing attributes of offenders. Based on the total score and results in 10 subscales, ICP's are developed.

Monitoring Process: A process insuring program accountability based on outcomes. Frequent evaluations based on progress checks, and course adjustments, determine ongoing needs which are used for program planning, corrections, improvements and accountability purposes.

Offender Management Plan (OMP): A computer database designed to help manage and document offender's progress from incarceration to release, through parole and into effective life roles, which supports the IDOC's goal of reducing recidivism.

Parole Commission: The Idaho Commission for Pardons and Parole is an independent body appointed by the Governor. The Commission is committed to the protection of the public, the rights of victims and to the fair and individualized assessment of each offender.

Parole Hearing Officer (PHO): Oversees and conducts hearings for final review by parole board members in order to make decisions for or against release of eligible inmates and conducts hearings of offenders who violate conditions of their community supervision.

Glossary of Terms

Parole Plan: Entered into the parole plan module of the Corrections Integrated System and developed with input from the offender. The plan identifies the offender's place of residence, employment and program plans upon release.

Parole Streamlining Program: Designed for offenders with fixed sentences who arrive at the Reception and Diagnostic Unit (RDU) with less than one year until their Parole Eligibility Date, and is a short-term programmatic track designed to quickly prepare offenders for release by targeting crime-producing life areas in any of the following LSI sub scores: Attitudes/Orientation; Criminal Companions; Criminal History; Education/Employment; Emotional/Personal; or Substance Abuse.

Pilot Program: Approved by the Deputy Administrator of the Division of Programs/Operations as a test or trial program. Pilot programs are at least one month in length and involve a detailed review by the Standards committee awaiting their approval.

Program Impact Evaluation: A practical, methodologically-sound approach, measuring how closely correctional programs meet known principles of effective correctional treatment outcomes.

Program Outcome Evaluation: Determines client changes attributed to program effectiveness (e.g. Level of Service Inventory–Revised (LSI-R), pre and post test scores).

Program Standards Committee: Members whose role is to review and approve core, pilot and ancillary programs, and participate in the review of curriculum and compliance of such programs. Policy dictates that 80% of the programs will be core and all other 20%.

Reentry Team: Department staff and community service providers that jointly develop, with the offender, program components to prepare the offender for release to the community. The team may consist of the reentry parole agent, the offender case manager, a correctional officer, a service provider, a member of the paroling authority, or other stakeholders having an interest in the offender.

Referral: The process of directing an offender to a resource for help or information.

Rewards and Sanctions: Sanctions are undesirable consequences designed to target negative attitudes and/or behaviors in the offenders. Rewards are used to reinforce positive behavior and attitudes.

Risk Control: Security and management policies and procedures that provide control of offenders, safety, and offender accountability while providing a foundation for risk reduction.

Glossary of Terms

Risk Reduction: Efforts to reduce specific crime producing risks using methods and programs that target those risks.

Screening Instrument: A standardized and statistically validated set of questions to qualify or exclude offenders from participating in a program or to indicate further assessment.

Social Learning Theory: Learning processes that include modeling, guided interaction, behavioral techniques, cognitive instruction, and use of rewards and sanctions.

Structured Reentry: The process by which the offender, his/her case manager, and the reentry parole agent identify additional programmatic needs to provide a continuum of service through institution and community placement.

Technical/Supervisory Violations Matrix: A formula used to determine the proper administration of minor or technical violations.

Victim Services Program: Assists victims in the collection of restitution, informs victims of changes in the offender's status on probation and parole, and advocates for victims when disputes arise with offenders.

PROGRAM DESCRIPTIONS

CORE COGNITIVE PROGRAMS **DESCRIPTIONS**

Attitude and Orientation Domain

BREAKING BARRIERS: Designed to create awareness that change is possible, by providing tools to develop cognitive thinking skills, change can take place. A video and workbook series focuses on breaking down known or unknown barriers to personal growth and openness to treatment. This course is offered in both English and Spanish. Duration: Version 1:17-session version—16 hours; Version 2 5 five sessions —10 hours; Recommended Group Size: 8-15; 1 Facilitator

COGNITIVE SELF-CHANGE (CSC), IDAHO MODEL: Studies the connection between thinking, feeling, and behavior, and how patterns of thinking can drive habitual ways of behaving. CSC is a method of self-change enabling the offenders to learn about and practice, breaking patterns of thinking, feeling, and behaving that lead to criminal behaviors. Duration: **Orientation:** four 2-hour sessions (8-hours); Stage-1: 2-hour sessions twice weekly; up to 6-8 months or more, depending on their ability to master each skill level. Stage 2: 2-hour weekly sessions for 6—12 months. Recommended Group Size: 8-15; Recommend: 2 Facilitators

SEX OFFENDER TREATMENT: Sex offender specific, cognitive behavioral programs that are consistent with the Association for the Treatment of Sexual Abusers (ATSA) Code of Ethics and Standards of Practice. Treatment is facilitated by or supervised by a clinical member of ATSA. Duration: On going as needed. Recommended Group Size: 8-15; 1 Facilitator

THINKING FOR A CHANGE: A creative design and delivery strategy provides for increased flexibility and adaptability in various correctional settings. It integrates 3 cognitive-based approaches: Cognitive Self Change, social skills and problem solving. This program has the capacity to be tailored to the needs of the offender in order to emphasize the offender's strengths, enabling them to overcome the weaknesses that may be barriers to the change process. Duration: 9 sessions 48 hrs; Recommended Group Size: 8-15; 1 Facilitator

CORE FAMILY / MARITAL PROGRAMS
DESCRIPTIONS

Family Marital Domain

BRAIN BUILDING BASICS (BBB): This is a parenting and literacy skills program. It is written at a fifth-grade level, and uses a bibliotherapy technique, with children's picture books serving as the focal point for each lesson. Self-disclosure and increased insight occurs as the participants become more comfortable with the topic and setting. Group discussions give the participants a chance to examine their beliefs and generate a list of alternative parenting behaviors, practice empathy and parenting skills through role playing and other class activities. The BBB program book is an interactive text and serves as a workbook. Duration: 21 sessions 42 hours; Recommended Group Size: 8-15; 1 Facilitator

BUILDING HEALTHY RELATIONSHIPS/DOMESTIC VIOLENCE SUPPORT GROUP: This is a comprehensive program for female offenders that includes assessment, education, treatment, and support group components. Additionally, it addresses domestic violence issues. Duration: 16 sessions 24 hrs; Recommended Group Size: 8-15; 1 Facilitator

FAMILY REUNIFICATION & RELATIONSHIP PROGRAM: A facilitated community-based program designed to reintegrate offenders into the family unit utilizing collaborative group processes encompassing significant others. The video-based program focuses on identified problem areas, precursors to relapse, and positive relationship building. Duration: On going ; Recommended Group Size: 8-15; 1 Facilitator

PARENTING WITH DIGNITY: This program gives practical application exercises for parents to use with their families. It uses a in with English & Spanish videos . Duration: 9 hours; Recommended Group Size: 8-15; 1 Facilitator

RELATIONSHIP WORKSHOP: An institutionally-based program designed to orient offenders and their significant others to common problems and pitfalls experienced by paroling offenders. This workshop should take place within 90 days of their release date. It designed to dovetail with the community base and group process. Duration: 1 Session 6 hours; Recommended Group Size: 8-15; 1 Facilitator

CORE SUBSTANCE ABUSE PROGRAMS
DESCRIPTIONS

Drug and Alcohol Domain

COGNITIVE BEHAVIOR THERAPY (RELAPSE PREVENTION):

An open-ended short term cognitive-behavioral program to help offenders identify their substance abuse patterns and triggers related to using alcohol and drugs. Upon completion of this phase, they begin developing drug refusal skills and a relapse prevention plan. Role-playing practice is essential for learning to change their emotions, friends, social milieu, and recreation habits. Participants are encouraged to participate in a 12 Step group. Offenders should have drug-alcohol education before entering this program. As part of Relapse Prevention, IDOC provides **Drug and Alcohol Education**-This gives tools to understand the effect of alcohol and drugs to the individual, work, family, and community.

Duration: 16 Sessions of 1.5 hours each; Recommended group Size: 8-15; 1 Facilitator

HELPING WOMEN RECOVER: This program provides gender-specific programming on alcohol and drug abuse and addiction. Recovering women will have the opportunity to understand addiction and the signs and symptoms experienced by women who struggle with substance abuse and dependence. They will examine the connection between substance abuse and high-risk behaviors and learn facts about alcohol and other drugs and how they affect women. Duration: 17 session 34 hours; Recommended group Size: 8-15; 1 Facilitator

INTENSIVE OUTPATIENT TREATMENT: Program consisting of relapse prevention, problem solving, skills training. Both and one-on-one counseling. Duration: 9/hr/week, 108 groups total; Recommended group Size: 8-15; 1 Facilitator

CORE SUBSTANCE ABUSE PROGRAMS
DESCRIPTIONS

Drug and Alcohol Domain

NEW DIRECTIONS: Is a six-manual cognitive-behavioral intensively delivered program for offenders with substance abuse problems. The offender population receiving the program is housed together in a Community Model at NICI. New Directions has a standardized aftercare component for graduates. Duration: 90-days of intensive treatment; Recommended Cohort of 35—100 with group size of 10—14; 1 facilitator to 14 members of group

NEW DIRECTIONS AFTERCARE: Designed as a continuation of treatment for those offenders who participated in the New Directions Program while incarcerated. The program focuses on implementing, practicing, and reinforcing relapse prevention knowledge and skills obtained in the New Directions Program. Duration: On Going; group size of 10—14; 1 facilitator per 14 members of group.

NEW DIRECTIONS RELAPSE PREVENTION: New Directions Relapse Prevention is one component of the six-manual program. It is offered as a stand-alone structured program specifically targeting the understanding and prevention of relapse. Duration: On going ; Recommended group Size: 8-15; 1 Facilitator

NEW DIRECTIONS VARIED LEVEL: An abbreviated New Directions (3 books) Duration: 90-days of intensive treatment; Recommended Cohort of 35—100 with group size of 10—14; 1 facilitator per 14 members of group

CORE THERAPEUTIC COMMUNITY (TC) PROGRAMS
DESCRIPTIONS

Drug and Alcohol Domain

THERAPEUTIC COMMUNITY (TC): These communities target offenders with chronic criminal and substance abuse histories. TC is a drug-free correctional residential setting, using a hierarchical model of treatment stages reflecting increased levels of personal and social responsibility. Peer influence, mediated through a variety of group processes, is used to help individuals learn and assimilate social norms and develop more effective social skills. TC's differ from other treatment approaches principally in their use of the community. The key agents of change are treatment staff and those in recovery. TC members interact in structured and unstructured ways to influence each other's attitudes, perceptions, and behaviors that are associated with drug use in a comprehensive holistic approach. Alternative Names: Friends -ICI-O; Lifeline—ICC; **Pre Release Center—SICI; WOLF—SBWCC** Duration: 6 -12 months; Recommended group size: 12—16; 1 facilitator/16 members

TC PEER SUPPORT-TC Aftercare is peer support or peer based aftercare that is professionally monitored. Offenders begin in the Therapeutic Community and continue the TC culture, language, styles of confrontation, and support into their post-release transition to free society independence. Some of the goals expected from peer support groups are empowerment, role modeling, peer confrontation, trial and error learning, learning from successes and failures of peers, re-socialization, sharing faith, hope and strength, along with emotional support. The primary goal of peer support is to utilize the skills learned in Therapeutic Community for practical use in the community at large. Required for 6 months while on parole. Duration: On going as needed; Recommended group size: 12—16; 1 facilitator/16 members

CORE EMOTIONAL / PERSONAL PROGRAMS
DESCRIPTIONS

Emotional / Personal Domain

ANGER MANAGEMENT (SAMHSA) : This is a cognitive-behavioral program developed through the Department of Health & Human Services. It introduces relaxation skills to help prevent angry feelings from arising, and skills as an alternative to aggressiveness. Practicing new skills through role-playing is essential.

Duration: 12 sessions 12-24 hrs; Recommended group Size: 8-15; 1 Facilitator

CONTROLLING ANGER AND LEARNING TO MANAGE (CALM): It was developed for offenders and has research demonstrating effectiveness reducing recidivism both for crimes of violence, and as an offender management tool with a significant reduction in DORS (Disciplinary Offense Reports) for the participants. CALM introduces relaxation skills early in the program to help prevent anger from arising. Duration: 12 sessions 24 hrs; Recommended group Size: 8-15; 1 Facilitator

MENTAL HEALTH PROGRAM: Mental health services are provided to all inmates who have an identified mental health issue requiring treatment. These services may include evaluation, diagnostic clarification, individual and group psychotherapy, medication, and psycho-education. The goal is to maintain optimal levels of functioning for inmates in the least restrictive setting. They also serve to deter suicidal behaviors. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

PRE-RELEASE PROGRAM: This program reviews four areas that lead to successful reentry: Career Planning, Parole Transition, Problem Solving and Social Development. Duration: 40 hours; 8-15 participants; 1 facilitator

SYMPTOM MANAGEMENT: This is a process to manage offenders that are on psychotropic medications. The clinicians meet with offenders in a group setting where managing symptoms of the mental illness, side effects, support, medication, etc. are discussed. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

CORE EDUCATION PROGRAMS

DESCRIPTIONS

LITERACY: Students may receive a General Education Development Certificate (GED) by passing the five-section national GED test.

1. **ENGLISH LANGUAGE LEARNERS (ELL):** Provides literacy classes that teach the basics of English to students whose native language is not English.
2. **ADULT BASIC EDUCATION (ABE):** Instruction that is aligned with national standards designed to raise the student's reading, writing, math, and technology skill levels to pass the GED.
3. **COMPUTER LITERACY:** Fundamental education regarding computers: keyboarding and basic computer/software functions.
4. **BASIC SKILLS REFRESHER LAB.:** Review of basic reading, writing , and math skills for post GED students.

SECONDARY EDUCATION: Secondary Education includes classes covering the 42 credits outlined by the State Board of Education for a high school diploma.

SPECIAL EDUCATION:Special Education services are available to eligible offenders through the semester of their 21st birthday. (The term "semester" within the education system of IDOC is defined as 6-month intervals). Offenders are identified through a screening process. Offenders between the ages of 18-21 must have been identified for Special Education services before their incarceration to be considered eligible for Special Education in adult correctional facilities. Further, to be eligible for Special Education services, the offender may not have received a high school diploma.

CORE EDUCATION PROGRAMS

DESCRIPTIONS

PROFESSIONAL TECHNICAL EDUCATION (PTE): Courses that teach specific employability skills, job specific skills and on the job training. Training typically awards certificates of completion to assist offenders in entering the workforce.

1. **WORKFORCE READINESS:** These are courses that teach basic job search and retention necessary to function in society. This includes money management classes.
2. **JOB SPECIFIC SKILLS:** These are vocational areas addressed to promote employability skills.
3. **WORK EXPERIENCE:** On the job training.

Job Specific Skills Courses taught include: (not all classes are taught at every facility)

A+ Computer Certification
 Advanced Office Software
 Automotive
 Braille
 Commercial Drivers' License
 Cabinet Making (Correctional Industries)
 Carpentry
 Cleaning
 Computer Aided Drafting
 Firefighting
 Flagging
 Food Service
 Garment Making
 Horticulture
 Metal Working
 Office Support
 Plumbing Print Shop (Correctional Industries)
 Upholstery (Correctional Industries)
 Welding
 Wiring
 Wood Working

PILOT PROGRAMS
DESCRIPTIONS

DAY REPORTING (Emotional/Personal Domain): The Day Reporting Program provides a cost-effective solution to Probation and Parole Officers' management of offenders. Offenders that require additional structure and accountability are referred to Day Reporting. The referred offenders receive more intensive supervision in one or more of several areas likely to contribute to a violation of their probation or parole. These areas include employment, education, life skills management, substance abuse treatment, and family reunification. Duration: On going; Recommended Group Size: 8-15; 1 Facilitator

DOMESTIC VIOLENCE-MRT (Family/Marital Domain): This program is a specialized Moral Reconciliation Therapy treatment for male offenders, to reduce the risk of domestic violence. Duration: On going; Recommended 36–54 hours; Recommended Group Size: 8-15; 1 Facilitator

METH MATRIX (Drug and Alcohol Domain): This is a treatment model based upon the best established, empirically supported chemical dependency treatment principles to treat Meth users. The clinical outpatient protocols that are used in this model have been continuously adapted and revised over the last two decades. The model provides chemically dependent persons and their families the most thorough and up-to-date knowledge, structure, education and support possible so they can achieve long-term recovery from drug and alcohol dependence. Duration: 16 weeks (56 hours); Recommended Group Size: 8-15; 1 Facilitator

MORAL RECONCILIATION THERAPY—MRT (Attitude/Orientation Domain): “MRT is a systematic treatment strategy designed to enhance self-image, promote growth of a positive productive identity, and facilitate the development of higher stages of moral reasoning.” The program is effective with males and females in a variety of custody settings. The groups use structured exercises with individual and group processing, education, and homework. MRT has a variety of related programs, giving IDOC the potential to have integrated programming system-wide. Duration: 24-36 sessions Group Size: 8-15; 1 Facilitator

ANCILLIARY PROGRAMS
DESCRIPTIONS

INCLUDING SUPPORT PROGRAMS, AND ACTIVITIES

BRIDGES TO FREEDOM (Emotional/Personal Domain): This is a skills course designed to help the offender plan for a life of self-sufficiency. It includes goal setting, decision-making, time management, job seeking, money and credit, communication, assertiveness along with stress and health. Duration: 8 sessions 16 hours; Recommended Group Size: 8-15; 1 Facilitator

COMMITMENT TO CHANGE (Attitude/Orientation Domain): An introduction to the concept "thinking errors" and assists in identifying thinking and encourage personal change. Duration: 12 sessions ;Recommended Group Size: 8-15; 1 Facilitator

COMMUNITY LIVING MODEL PROGRAM (Living/Management style): A system of offender management and institutional process based on social learning. It functions through offenders participating in the process of holding each other and themselves accountable, and cooperating towards achieving a safe environment and pro-social offender change. Correctional staff maintain overall control, manage the entire process, and function as role models. Duration: On going; Recommended group Size: 8-15; 1 Facilitator

COPE & MANAGE ADULT ADD/ADHD (Emotional/Personal Domain): Group addresses the special issues of adults suffering with ADD & ADHD which may include poor attention span which tends to cause the person to ignore details, difficulty following instructions, listening, finishing tasks and hyperactivity or impulsively. Duration: On going; Recommended group Size: 8-15; 1 Facilitator

DOMESTIC VIOLENCE SUPPORT GROUP (Emotional/Personal Domain): For victims of domestic Violence via the STOP grant and it enhances with the Building Healthy Relationships class Duration 8 weeks Group size small 1-2 Facilitators

FATHERS AS TEACHERS HELPING, ENCOURAGING, READING, SUPPORTING (F.A.T.H.E.R.S) (Family/Marital Domain): assists fathers and father figures, particularly face significant challenges in parenting. Duration: 20 hours; Recommended group Size: 8-15; 1 Facilitator

LEARNING TO LIVE WITHOUT VIOLENCE (Family/Marital Domain): This group is offered to female victims of domestic violence. It helps women identify their needs and support system so they can seek or maintain personal safety when released. Duration: 8 sessions; Recommended group Size: 8-15; 1 Facilitator

ANCILLIARY PROGRAMS
DESCRIPTIONS

INCLUDING SUPPORT PROGRAMS, AND ACTIVITIES

LEARNING ABOUT YOURSELF (Emotional/Personal Domain): This class addresses AIDS/HIV, other sexually transmitted diseases, sexuality, self esteem, and personal behavior which puts women at risk for sexually transmitted diseases. Duration: 8 sessions 16 hours; Recommended group Size: 8-15; 1 Facilitator

LONG DISTANCE DADS (Family/Marital Domain) This class provides ideas and action steps for incarcerated dads to start or maintain a healthy parenting relationship. Duration: 12 sessions; Recommended group Size: 8-15; 1 Facilitator

MEN'S SEX OFFENDER GROUP (Attitude/Orientation Domain): This cognitive-based group addresses sexual issues for offenders who take at least partial responsibility for their crime and who can read and write and comprehend the material . Offenders must be willing and ready to change. Duration: Once per week for 6-9 months; Group size 8; 1 Facilitator

MONEY MANAGEMENT GROUP (Financial Domain): Explores the connection between money management and relapse. Topics discussed are spending, investing, and saving. Duration: 6 sessions 12 hrs; Recommended group Size: 8-15; 1 Facilitator

NEW OFFENDER ORIENTATION (Emotional/Personal Domain): Introduces new parolees and probationers to the rules and regulations of Community Corrections including the agreement of supervision document. Duration: 1 session 2 hours; Recommended group Size: 8-15; 1 Facilitator

NUTRITION (Emotional/Personal Domain): Teaches basics of proper nutrition, food preparation, serving sizes, food purchasing and caloric needs for adults and children. Duration: sessions 6 hours; Recommended group Size: 8-15; 1 Facilitator

RECOVERY SKILLS (Drug and Alcohol Domain): Groups aimed at developing skills to maintain abstinence from mind or mood altering substances. These skills include: 12 Step Meeting attendance, family support, utilizing relapse prevention plan and pro-social leisure and recreation activities. **Duration: Ongoing** Recommended group Size: 8-15; 1 Facilitator

SUBSTANCE ABUSE TREATMENT PROGRAM (SATP)AFTERCARE (Drug and Alcohol Domain): Uses peer support to enhance the skills learned in the SATP in the community at large. Required while housed at East Boise Community Work Center or as determined by case manager. **Duration: Ongoing;** Recommended group Size: 8-15; 1 Facilitator

ANCILLIARY PROGRAMS
DESCRIPTIONS

INCLUDING SUPPORT PROGRAMS, AND ACTIVITIES

SEEKING SAFETY (Emotional Personal Domain): Addresses a safe coping skill to help the offender achieve recovery from both Post Traumatic Stress Disorder (PTSD) and substance abuse. It teaches the offenders to cope in a safe safely without the use of mood-altering substances and other destructive behaviors.

Duration: 14-16 sessions 28-32 hours; Recommended group Size: 8-15; 1 Facilitator

SERIOUS AND VIOLENT REENTRY INITIATIVE (GOING HOME) (Attitude/Orientation Domain): This program is for offenders under the age of 33. It provides support between prison and parole to those who are most likely to re-offend. Sexual offenders will be assessed for program fitness using psycho-sexual evaluations completed by qualified clinicians. Duration: On going as needed; uses 1-1 tutoring/counseling, as needed

SEX OFFENDER AFTERCARE GROUP (Attitude/Orientation Domain): Offenders are referred to group after they have completed a structured treatment program. Group topics cover a wide range, including current life situations, inappropriate thoughts, feelings or fantasies and how to deal with them in a healthy way, decision making skills, issues related to the original crime, laws, rules and regulations pertaining to sex offenders, relapse prevention, and building healthy life skills. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

TELE-VISITING (Support Activity) Tele-visiting is designed to assist in the reunification of offenders and their families. Provides interactive television visits for female offenders in PWCC and their children in District 3. The offender and their families can see and speak each other, in real time, via a television hook-up. The offender must be in programming and their crime cannot involve children. Duration: On going as needed; uses distance learning technology, as available

TOASTMASTERS (Support Activity): A non-profit organization developing public speaking and leadership skills through practice and feedback in local clubs since 1924. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

FAITH BASED PROGRAM
DESCRIPTIONS

FAITH-BASED PROGRAMS: These are prison programs supporting offenders through their spiritual and moral transformation beginning while incarcerated and continuing after release. The religious volunteers insure the inmates are afforded faith-based opportunities consistent with the security level of each institution. There are many faith-based programs available: Bible Studies, Care Classes, Self-Improvement Classes, and Substance Abuse Programs. All of these have a faith-based emphasis.

12 STEP (Drug and Alcohol Domain): 12 Step Orientation reinforces important points in self-help programs such as Alcoholics Anonymous. The program includes exercises for self-examination, disclosure, a clear discussion of each Step and probing questions that offer the offender a guide to personal insight and reflection. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

ALCOHOLICS ANONYMOUS (AA)/NARCOTICS ANONYMOUS (NA) COCAINE ANONYMOUS (CA) (Drug and Alcohol Domain): A fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problems and help others to recover from alcoholism and/or drugs. The only requirement for membership is a desire to stop drinking or using. There are no dues or fees for AA or NA membership; they are self-supporting through their own contributions. AA/ NA is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, and neither endorses nor opposes any causes. The primary purpose is to stay sober and help other alcoholics to achieve sobriety. Duration :On going as needed. No recommended group Size; 1 Facilitator

CELEBRATE RECOVERY (Leisure and Recreation Domain): The purpose of Celebrate Recovery is for fellowship and celebrate God's healing power through the "*8 Recovery Principles*." This experience allows people to "*be changed*" by opening the door by sharing experiences, strengths and hopes with one another. Duration: On going as needed. Recommended group Size: 8-15; 1 Facilitator

FAITH BASED PROGRAM
DESCRIPTIONS

HIDDEN KEYS TO LIVING RELATIONSHIPS (Leisure and Recreation Domain): Video and workbook driven, designed to give more insight and greater understanding about the keys to building close and intimate relationships. Duration: Videos; Recommended group Size: 8-15; 1 Facilitator

HOUSES OF HEALING:(Leisure and Recreation Domain): A class on emotional literacy skills based on a belief in the intrinsic potential dignity and self worth of each person. Duration: 12 sessions; Recommended group Size: 8-15; 1 Facilitator

LIFE CONNECTIONS SPIRITUAL LIFESTYLES (Leisure and Recreation Domain): Assists individuals in making permanent and positive lifestyle changes. There is an evidence-based interactive journalizing process that offers solutions to the complexity of effective change. Duration: On going as needed approx. 1 year; Recommended group Size: 8-15; 1 Facilitator

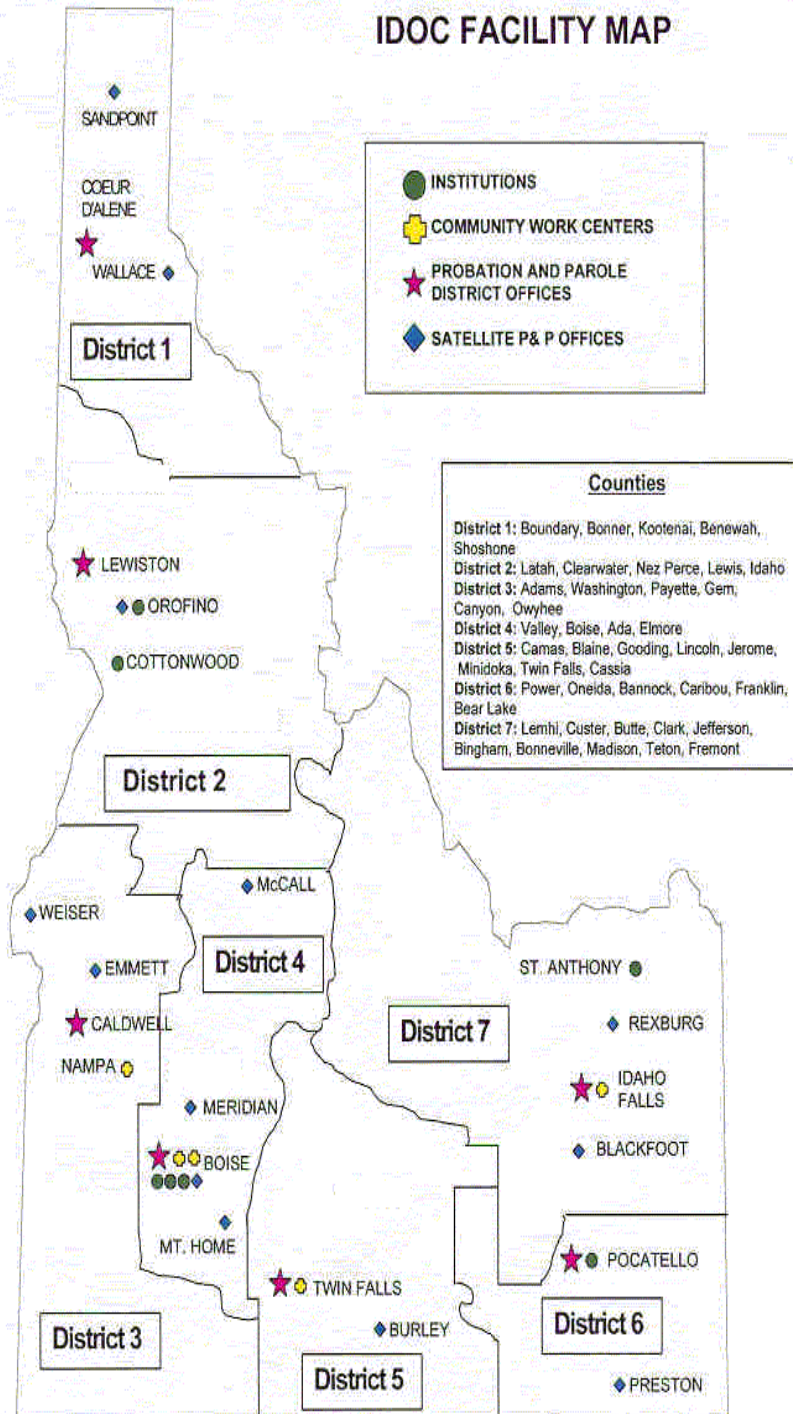
MAN IN THE MIRROR (Leisure and Recreation Domain): Studies the 24 greatest problems that men face and helps them to deal with them, including broken relationships, anger, accountability, integrity, and priorities. Duration: Ongoing; Recommended group Size: 8-15; 1 Facilitator

PURE WORD (Leisure and Recreation Domain): Teaches Christ - Centered principles pertaining to sobriety. Through practical Biblical instruction, individuals learn how to work through issues that are relevant for sober living. Duration: On going as needed; Recommended group Size: 8-15; 1 Facilitator

THROUGH THE BIBLE (Leisure and Recreation Domain): This course takes the offender through the Holy Bible step by step and explains how it pertains to our living, our culture, our own morals, and our ethics. Duration: On going; Recommended group Size: 8-15; 1 Facilitator

WHITE BISON (Drug and Alcohol Domain): Offers sobriety, recovery, addiction prevention, and wellness ("Wellbriety") resources to the Native American community. Wellbriety teaches that individuals must find sobriety from addictions to alcohol and other drugs and recover from the harmful effects of drugs and alcohol on themselves, their families, and their communities. Duration: On going; Recommended group Size: 8-15; 1 Facilitator

IDOC FACILITY MAP



Reception and Diagnostic Unit (RDU)

The Idaho Department of Correction's Reception and Diagnostic Units (RDU) are located at two sites in the state. One is in western Idaho at the Idaho State Correctional Institution (ISCI) and the second is in eastern Idaho at the Pocatello Women's Correctional Center (PWCC). The ISCI site processes all incoming male offenders and the PWCC site processes all incoming female offenders.

The incoming offenders at RDU are assessed to determine their medical condition, programmatic needs, education level, and mental health. The information from these assessments is used to format a rehabilitation program to address each offender's identified risk and needs. The primary assessments administered at RDU are:

- Level of Service Inventory - Revised (LSI-R)
- Texas Christian University Drug Screening II (TCU-II)
- Test of Adult Basic Education (TABE)
- Medical Health Evaluation
- Dental Screening
- Psychological Screening (Self-injurious behavior, medication, special education and victimization histories screening)
- Classification (to determine security risk and housing assignments).
- Comprehensive Adult Student Assessment System (CASAS) this is used to determine English language placement .

Psychological Evaluation for the Parole Board

Clinicians may, at their discretion, or per request from another entity (Parole Board and/or Case Manager), perform additional assessments. These secondary assessments may include, but are not limited to, the following:

Psychopath Checklist-Revised (PCL-R Hare)

- Millon Clinical Multiaxial Inventory (MCMI-III)
- Minnesota Multiphasic Personality Inventory (MMPI-II2)
- Minnesota Sex Offender Screening Tool Revised (MnSOST-R)
- House-Tree-Person (H-T-P)
- Sentence Completion
- Personality Assessment Inventory (PAI)

Idaho Correctional Institution Orofino (ICIO)

ICIO is a modified, state hospital mental health building. It is a prison for medium, minimum and community custody male offenders. This facility also houses protective custody offenders. A second building houses a 100-bed work camp to provide work therapy for low risk offenders.

Safe Operating Capacity: 509

Address: Hospital North Drive #23
Orofino, ID 83544

Telephone: 208-476-3655 Fax: 208-476-9745



ICIO PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive Self-Change (CSC) Idaho Model
- Pre-Release
- Relapse Prevention (CBT)
- Sex Offender Programming
- Therapeutic Community (TC)
- Thinking For a Change

Core Education Programs:

- Literacy
- Secondary Education
- Professional Technical Education
- Special Education

Ancillary Programs :

- Sex Offender cognitive Self-Change
- Sex Offender Process Group
- Sex Offender Psycho-education Group I
- Sex Offender Psycho-education Group II

Faith Based Programs:

- 12 Step
- AA/NA

Idaho Maximum Security Institution (IMSI)

IMSI is one of the five institutions located south of Boise. It is the state's highest security prison. It opened in November 1989 to confine Idaho's most violent offenders. The population includes a large number of mental health offenders and Idaho's death row.

Safe Operating Capacity: 552

Address: P.O. Box 51
Boise, ID 83707

Telephone: 208-338-1635 Fax: 208-344-9826



IMSI-PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Controlling Anger and Learning to Manage (CALM)
- Cognitive -Self - Change (CSC) Idaho Model
- Mental Health Program
- Meth Matrix * Pilot

Core Education Classes:

- Literacy
- Special Education

Faith Based Programs:

- 12 Step
- AA
- Man in the Mirror
- Through the Bible

**Programs currently being developed and or reviewed for implementation.*

Idaho State Correctional Institution (ISCI)

ISCI is the department's largest prison. It is the main facility for long-term male, medium custody offenders. The compound includes a chapel, recreation center, education center, infirmary and a large Correctional Industries operation. All incoming male offenders go through ISCI's reception and diagnostic unit.

Safe Operating Capacity: 1,338

Address: P.O. Box 14
Boise, ID 83707

Telephone: 208-336-0740 Fax: 208-334-2748



ISCI-PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Meth Matrix * Pilot
- Moral Reconciliation Therapy (MRT) * Pilot
- Relapse Prevention (CBT)
- Sex Offender Treatment
- Symptom Management

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education
- Special Education

Ancillary Programs :

- Community Living Model
- Serious and Violent Reentry Initiative

Faith Based Programs:

- 12 Step
- AA/NA

**Programs currently being developed and or reviewed for implementation.*

Pocatello Women's Correctional Center (PWCC)

PWCC is designed specifically to meet the unique program needs of female offenders. The institution has its own reception and diagnostic center. It houses all custody levels of females, including death row. The institution also operates a work release/work crew program as part of its community transition release program.

Safe Operating Capacity: 279

Address: P.O. Box 6049
Pocatello, ID 83206-6049

Telephone: 208-236-6360 Fax: 208-236-6362



PWCC-PROGRAMS/EDUCATION

GENERAL POPULATION

Core Treatment Programs:

- Anger Management
- Brain Building Basics
- Breaking Barriers
- Building Healthy Relationships
- Cognitive -Self - Change (CSC) Idaho Model
- Helping Women Recover
- Moral Reconciliation Therapy MRT * Pilot
- Pre-Release
- Relapse Prevention (CBT)
- TC Peer Support
- Therapeutic Community (TC)

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education
- Special Education

Ancillary Programs :

- Nutrition
- Seeking Safety (PTSD)*
- Tele-Visiting

RIDERS

Core Treatment Programs:

- Breaking Barriers
- Brain Building Basics
- Cognitive -Self - Change (CSC) Idaho Model
- Moral Reconciliation Therapy MRT * Pilot
- Relapse Prevention (CBT)
- Thinking For a Change

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education
- Special Education

Faith Based Programs :

- 12 Step
- AA/NA
- White Bison

**Programs currently being developed and or reviewed for implementation.*

North Idaho Correctional Institution (NICI)

NICI is a former military radar station north of the small town of Cottonwood. This prison houses males in the retained jurisdiction program. It focuses on programming offenders who might be viable candidates for probation rather than incarceration.

Safe Operating Capacity: 369

Address: 236 Radar Road
Cottonwood, ID 83522

Telephone: 208-962-3276 Fax: 208-962-7119



NICI-PROGRAMS/EDUCATION**Core Treatment Programs:**

- Mental Health
- New Directions
- New Directions Aftercare
- Parenting with Dignity
- Pre-release
- Thinking for a Change

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education
- Special Education

Ancillary Programs:

- F.A.T.H.E.R.S.
- Sex Offender Assessment Group

Faith Based Programs:

- 12 Step
- AA/NA
- Celebrate Recovery

St. Anthony Work Camp (SAWC)

This work camp is located in the small town of St. Anthony. It is designed for low-risk, minimum and community custody males. The program focus is to provide a work therapy program through full-time paid employment. Offenders also participate in community service projects.

Safe Operating Capacity: 125

Address: 125 N. 8th West
St. Anthony, ID 83445

Telephone: 208-624-3775 Fax: 208-624-4125



SAWC-PROGRAMS/EDUCATION

Core Treatment Programs:

- Cognitive -Self - Change (CSC) Idaho Model
- Moral Reconciliation Therapy (MRT) * Pilot
- New Directions
- Pre-Release
- Thinking For a Change

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education

Ancillary Programs :

- Money Management (Budgeting)

Faith Based Programs :

- 12 Step
- AA/NA
- White Bison

**Programs currently being developed and or reviewed for implementation.*

South Idaho Correctional Institution (SICI)

SICI houses minimum-custody offenders in a dormitory setting. Every offender is assigned a job. Some work on fire and road crews, others have jobs at SICI. A 100-bed parole release center (PRC) focuses on substance abuse issues and helps ease the transition for those near the end of their sentence. This institution also has within its compound a 100 bed work center which operates on a community model concept.

Safe Operating Capacity: 659

Address: P.O. Box 8509
Boise, ID 83707

Telephone: 208-336-1260 Fax: 208-334-3239



SICI-PROGRAMS/EDUCATION**Core Treatment Programs:**

- Anger Management
- Cognitive -Self - Change (CSC) Idaho Model
- Pre-Release
- Relapse Prevention (CBT)
- Sex Offender Treatment
- Therapeutic Community (TC)

Core Education Classes:

- Literacy
- Professional Technical Education
- Secondary Education
- Special Education

Ancillary Programs :

- Community Living Model
- Toastmasters

Faith Based Programs:

- 12 Step
- AA/NA
- Life Connection Spiritual Life Styles
- White Bison

South Boise Women's Correctional Center (SBWCC)

This minimum-custody facility houses females in the retained jurisdiction program. Women spend 120 days in the dorm-like setting. Their time is focused on specialized classes and programming.

Safe Operating Capacity: 120

Address: 13200 South Pleasant Valley Road
Kuna, ID 83634

Telephone: 208-334-2731 Fax: 208-334-2736



SBWCC-PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Brain Building Basics
- Breaking Barriers
- Building Healthy Relationships
- Cognitive -Self - Change (CSC) Orientation
- Helping Women Recover
- Pre-Release
- Relapse Prevention (CBT)
- Thinking For a Change

Core Education Classes:

- Literacy
- Professional Technical Education
- Secondary Education
- Special Education

Ancillary Programs:

- Domestic Violence Support Group
- Money Management
- Nutrition
- Learning About Yourself

Faith Based Programs:

- 12 Step
- AA/NA/CA
- Pure Word
- White Bison

Idaho Correctional Center (ICC)

ICC opened in July 2000 as the first state-owned, privately-operated facility. It was built on state property by the Corrections Corporation of America and is currently run by CCA. It houses medium and minimum custody male offenders.

Safe Operating Capacity: 1,272

Address: 14601 Pleasant Valley Rd.
Kuna, ID 93634

Telephone: 208-331-2760 Fax: 208-331-2766



ICC-PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Cognitive -Self - Change (CSC) Idaho Model
- Parenting with Dignity
- Pre-Release
- Relapse Prevention (CBT)
- Sex Offender Programming
- Therapeutic Community (TC)

Core Education Classes:

- Literacy
- Secondary Education
- Professional Technical Education

Ancillary Programs:

- Commitment to Change
- Long Distance Dads
- Men's sex Offender Group

Faith Based Programs:

- 12 Step
- AA/NA
- Houses of Healing
- White Bison

Community Work Centers (CWCs)

Community Work Centers provide minimum and community custody offenders with secure housing while they participate in work release activities. The CWCs provide an effective transitional piece to the correctional continuum by supplying secure housing, meals, programs, and other support functions while the offender works in the community at a regular job. Portions of these offenders' wages are returned to the CWC to offset some of the housing and supervision expenses.

The CWC program allows offenders to re-establish community ties, develop work skills and employment, and save some money to help with the expenses they will face when they transition to the community.

Work Centers provide programs and counseling for offenders. Psycho-Social Rehabilitation Specialists (PSRS), Drug and Alcohol Rehab Specialist (DARS), and Employment Development Counselors (EDC) all provide needed support, services, or program facilitation for these offenders. Programs may also be provided by means of volunteers or through contact providers. The PSRS also provides reports to the parole office and the courts.

Residents at the Work Centers can participate in education programs offered through local schools, colleges, universities, and probation and parole district education. Programs allow them to receive high school, college and selected vocational training.

COMMUNITY WORK CENTER LOCATIONS*East Boise-CWC*

**2366 Old Penitentiary Rd.
Boise, ID 83720-1802
208-334-3448 FAX 208-334-3404**

Idaho Falls-CWC

**3955 Bombardier Ave.
Idaho Falls, ID 83402
208-525-7143 FAX 208-525-7146**

Nampa-CWC

**2908 11th Ave.
Nampa, ID 83687
208-465-8413 North. Ext. 208-465-8490 FAX 208- 465-8405**

South Idaho Correctional Institution-CWC

**P.O. Box 8509
Boise, ID 83703
208-336-1260 FAX 208-334-3239**

Twin Falls-CWC

**616 Washington Street South
Twin Falls, ID 83301
208-736-3095 FAX 208-736-3098**

EAST BOISE CWC - PROGRAMS

Core Treatment Programs:

- Anger Management
- Brain Building Basics
- Building Healthy Relationships
- Cognitive -Self - Change (CSC) Idaho Model
- Helping Women Recover
- Relapse Prevention (CBT)
- Pre-Release
- TC Peer Support
- Thinking For a Change

Ancillary Programs:

- Money Management
- SATP Aftercare Group

Faith Based Programs:

- 12 Step
- AA/NA
- Pure Word

In Community Corrections, not all programs are available at all times

IDAHO FALLS CWC -PROGRAMS/EDUCATION

Core Treatment Programs:

- Anger Management
- Brain Building Basics
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- New Directions
- New Directions Aftercare
- Relapse Prevention (CBT)
- Pre-Release
- TC Peer Support
- Thinking for a Change

Ancillary Programs:

- Bridges to Freedom

Faith Based Programs:

- 12 Step
- AA/NA
- Pure Word
- White Bison

In Community Corrections, not all programs are available at all times.

NAMPA CWC -PROGRAMS

Core Treatment Programs:

- Brain Building Basics
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Family Reunification & Relationship Program
- Relapse Prevention
- Pre-Release
- TC Peer Support Group

Ancillary Programs:

- Bridges to Freedom

Faith Based Programs:

- 12 Step
- AA/NA
- Pure Word

In Community Corrections, not all programs are available at all times.

SOUTH IDAHO CORRECTIONAL INSTITUTION-CWCCore Treatment Programs:

- Anger Management
- Cognitive -Self - Change (CSC) Idaho Model
- Relationship Workshop
- Relapse Prevention (CBT)
- Pre-Release
- TC Peer Support Group

Faith Based Programs:

- 12 Step
- AA/NA
- White Bison

In Community Corrections, not all programs are available at all times

TWIN FALLS CWC -PROGRAMS

Core Treatment Programs:

- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Moral Reconciliation Therapy (MRT) * Pilot
- New Directions
- Pre-Release
- TC Peer Support

Ancillary Programs:

- Bridges to Freedom

Faith Based Programs:

- 12 Step
- AA/NA

In Community Corrections, not all programs are available at all times.

**Programs currently being developed and or reviewed for implementation.*

Community Corrections Probation and Parole Offices

Community Corrections provides probation and parole supervision and is comprised of seven (7) Probation and Parole Districts, including 13 satellite offices. It also oversees four Community Work Centers (residential work-release facilities) and provides pre-sentence investigations to the judicial system (these reports gather relevant information about offenders to assist the judicial system in selecting sentencing alternatives).

Over 11,000 felony offenders are currently supervised on probation or parole in our state's communities. Assigned probation and parole agents supervise offenders to maintain accountability and to enhance community safety, while utilizing the offender's individual case plan as a blue print for the offender's success.

Community Corrections provides probation offenders the opportunity to succeed in the community or, in the case of parole offenders, the opportunity to make a successful transition back into the community by providing individual support, programs, and assistance. Supervision practices seek to include all facets of the community, including victims and victims' families, program and treatment opportunities, offenders' families, community activities, and partnerships with other criminal justice and resource agencies.

Offender supervision levels are based on assessments of individual risk and/or needs. The three primary levels of supervision are maximum, medium, and minimum and each has related supervision standards designed to provide appropriate levels of supervision.

Counselors provide individual and group services and work in conjunction with the officers' efforts and are able to provide linkage, coordination, and consistency in substance abuse and other treatment or activities between IDOC institutions, Community Corrections, community agencies, and referrals. The primary programming efforts focus on recovery from addiction, cognitive self-change, preventative education, and rational thinking. Officers and counselors work with offenders to develop effective treatment plans that are intended to facilitate long-term abstinence and stability.

DISTRICT OFFICES
COMMUNITY CORRECTIONS LOCATIONS

OPERATIONS

**1299 North Orchard St. Suite #110
Boise, ID 83706
208-658-2000 FAX 208-327-7455**

DISTRICT 1

**202 Anton, First Floor
Coeur D'Alene, ID 83815
208-769-1444 FAX 208-769-1481**

DISTRICT 2

**P.O.Box 1408 908 Idaho Street
Lewiston, ID 83501
208-799-5030 FAX 208-799-8556**

DISTRICT 3

**612 Main Street
Caldwell, ID 83605
208-454-7601 FAX 208-454-7624**

DISTRICT 4E

**2161 Old Penitentiary Rd
Boise, ID 83720-0071
208-334-3190 FAX 208-334-3252**

DISTRICT 4W

**8752 Fairview
Boise, ID 83704
208-327-7008 FAX 208-327-7351**

DISTRICT 5

**594 Washington Street South Twin Falls, ID 83301
208-736-3080 FAX 208-736-3054**

DISTRICT 6

**1135 Yellowstone , Suite K,
Pocatello, ID
208-237-9194 FAX 208-237-2646**

DISTRICT 7

**2048 East 17th Street
Idaho Falls, ID 83404
208-528-4220 FAX 208-525-7015**

District 1 -PROGRAMS

Core Treatment Programs:

- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Family Reunification & Relationship Program
- New Direction Aftercare
- Relapse Prevention (CBT)
- TC Peer Support

Ancillary Programs:

- Parole Transition
- TC Transition

Faith Based Programs:

- 12 Steps
- Hidden Keys to Living Relationships

Core Education Classes:

- Adult Basic Education (ABE)
- Literacy

District 2 -PROGRAMS

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Helping Women in Recover
- New Directions Aftercare
- Relapse Prevention (CBT)
- TC Peer Support

Ancillary Programs:

- New Offender Orientation

Faith Based Programs:

- 12 Step

Core Education Classes:

- Professional Technical Education (PTE)

In Community Corrections, not all programs are available at all times.

District 3 -PROGRAMS

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Meth. Matrix* Pilot
- Moral Reconation Therapy (MRT) *Pilot
- New Direction Aftercare
- Parenting With Dignity
- Relapse Prevention (CBT)
- TC Peer Support

Ancillary Programs:

- Cope and Mange Adult ADD/ADHD
- Day Reporting
- New Offender Orientation
- Recovery Skills
- Serious and Violent Reentry Initiative

District 4 -PROGRAMS

Core Treatment Programs:

- Cognitive - Self - Change (CSC) Idaho Model
- Moral Reconation Therapy (MRT) *Pilot
- New Directions Aftercare
- TC Cognitive –Self-Change
- TC Peer Support

Ancillary Programs:

- New Offender Orientation
- Serious and Violent reentry Initiative
- Sex Offender Aftercare

In Community Corrections, not all programs are available at all times.

**Programs currently being developed and or reviewed for implementation.*

District 5 -PROGRAMS

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Domestic Violence (MRT)*Pilot
- Moral Recognition Therapy (MRT) * Pilot
- New Directions Aftercare
- Relapse Prevention (CBT)
- TC Peer Support
- Thinking for a Change

Ancillary Programs :

- Day Reporting

District 6 -PROGRAMS

Core Treatment Programs:

- Anger Management
- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Family Reunification & Relationship Program
- Helping Women Recover
- New Directions Aftercare
- TC Peer Support

Core Education Classes:

- Professional Technical Education

Ancillary Programs:

- Money Management Group
- New Offender Orientation
- Relapse Prevention (CBT)

In Community Corrections, not all programs are available at all times.

**Programs currently being developed and or reviewed for implementation.*

District 7 -PROGRAMS

Core Treatment Programs:

- Breaking Barriers
- Cognitive -Self - Change (CSC) Idaho Model
- Family Reunification & relationship Program
- New Directions Aftercare
- Relapse Prevention (CBT)
- Pre-Release
- TC Peer Support

Ancillary Programs:

- Day Reporting
- New Offender Orientation

In Community Corrections, not all programs are available at all times.

Index

AA/NA	21
12-Step Program	21
Ancillary Programs	18
Anger Management SAMHSA	14
Brain Building Basics	10
Breaking Barriers	9
Bridges to Freedom	18
Building Healthy Relationships/Domestic Violence Support	10
Celebrate Recovery	21
Cognitive Behavioral Therapy	11
Cognitive Self Change	9
Commitment to Change	18
Community Corrections	50
Community Living Model	18
Community Work Centers	44
Controlling Anger and Learning to Manage (CALM)	14
Cope and Manage Adult ADD/ADHD	18
Core Programs	9
Day Reporting	17
District Offices	50
Domestic Violence	17
Domestic Violence Support Group	18
Education	15
English Language Learning	15
Faith Based Programs	21
F. A. T. H. E. R. S.	18
Family Reunification and Relationship Program	10
Helping Women Recover	11
Hidden Keys to Living Relationships	22
Houses of Healing	22
ICC/CCA	41
ICI-0	25
IMSI	27
Intensive Outpatient Treatment	11
ISCI	29
Learning about Yourself	19
Life Connections Spiritual Lifestyles	22
Literacy	15
Long Distance Dads	19
Map of Idaho Facilities and Districts	23
Man in the Mirror	22
Men's Sex Offender Group	19

Index

Mental Health Program	14
Meth Matrix	17
Mission, Vision, Values	2
Money Management Group	16
Moral Reconation Therapy	17
New Directions	12
New Directions Aftercare	12
New Directions Relapse Prevention	12
New Directions Varied Level	12
New Offender Orientation	19
NICI	33
Nutrition	19
Parenting with Dignity	10
Pilot Programs	17
Pre Release Center (PRC)—SICI	14
Professional-Technical Education	16
Pure Word	22
PWCC	31
RDU	24
Recovery Skills	19
Relationship Workshop	10
SAWC	35
SBWCC	39
Seeking Safety	20
Serious and Violent Reentry Initiative	20
Sex Offender Aftercare Group	20
Sex Offender Treatment	9
SICI	37
Secondary Education	15
Special Education	15
Substance-Abuse Treatment	19
Symptom Management	14
TC Peer Support	13
Televisiting	20
Therapeutic Community	13
Thinking for a Change	9
Through the Bible	22
Toastmasters	20
Vocational Education (Professional Technical Ed.)	16
White Bison	22
Wolf	13

Website information:

This Program Handbook has been and will continue to be updated regularly by the Division of Programs/ Education. We are committed to maintaining quality programs. The Programs Division welcomes and appreciates any input you may have with regard to the information and/or material in this handbook.

For more information on the Idaho Department of Correction's programs and education access our website:

1. www.accessidaho.org
2. Click on "Government" in the left-hand corner
3. Choose "Agency Index"
4. Click on "Correction, Department of" at the bottom